



Lab Address:- # Plot No. 564 , 1st floor , Buddhanagar , Near Sai Baba Temple Peerzadiguda Boduppal Hyderabad, Telangana. ICMR Reg .No. SAPALAPVLHT (Covid -19)

# REPORT

Name : Mr. KARTHIK CHANDRA Sample ID : A0643632
Age/Gender : 44 Years/Male Reg. No : 0312406300006
Referred by : Dr. SELF SPP Code : SPL-CV-172
Referring Customer : V CARE MEDICAL DIAGNOSTICS Collected On : 30-Jun-2024 08:04 AM

Primary Sample : Whole Blood EDTA Received On : 30-Jun-2024 03:31 PM

Received On : 30-Jun-2024 03:31 PM

Client Address : Kimtee colony , Gokul Nagar, Tarnaka Report Status : Final Report

# HAEMATOLOGY HEALTH PROFILE A-2 PACKAGE

Test Name	Results	Units	Ref. Range	Method
COMPLETE BLOOD COUNT (CBC)				
Haemoglobin (Hb)	15.3	g/dL	13-17	Cynmeth Method
RBC Count	5.03	10^12/L	4.5-5.5	Cell Impedence
Haematocrit (HCT)	43.9	%	40-50	Calculated
MCV	87	fl	81-101	Calculated
MCH	30.4	pg	27-32	Calculated
MCHC	34.0	g/dL	32.5-34.5	Calculated
RDW-CV	13.6	%	11.6-14.0	Calculated
Platelet Count (PLT)	224	10^9/L	150-410	Cell Impedance
Total WBC Count	6.8	10^9/L	4.0-10.0	Impedance
Neutrophils	57	%	40-70	Cell Impedence
Absolute Neutrophils Count	3.88	10^9/L	2.0-7.0	Impedence
Lymphocytes	37	%	20-40	Cell Impedence
Absolute Lymphocyte Count	2.52	10^9/L	1.0-3.0	Impedence
Monocytes	04	%	2-10	Microscopy
Absolute Monocyte Count	0.27	10^9/L	0.2-1.0	Calculated
Eosinophils	02	%	1-6	Microscopy
Absolute Eosinophils Count	0.14	10^9/L	0.02-0.5	Calculated
Basophils	00	%	1-2	Microscopy
Absolute Basophil ICount	0.00	10^9/L	0.0-0.3	Calculated
<u>Morphology</u>				
WBC	Within Norr	mal Limits		
RBC	Normocytic	normochromic	;	
Platelets	Adequate.			Microscopy

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# REPORT

Name : Mr. KARTHIK CHANDRA

Age/Gender : 44 Years/Male

Referred by : Dr. SELF

Referring Customer : V CARE MEDICAL DIAGNOSTICS

Primary Sample : Whole Blood

Sample Tested In : Whole Blood EDTA

Client Address : Kimtee colony ,Gokul Nagar,Tarnaka

Sample ID : A0643632

Reg. No : 0312406300006

SPP Code : SPL-CV-172

Collected On : 30-Jun-2024 08:04 AM

Received On : 30-Jun-2024 03:18 PM

Reported On : 30-Jun-2024 04:26 PM

Report Status : Final Report

# **HAEMATOLOGY**

### **HEALTH PROFILE A-2 PACKAGE**

Test Name Results Units Ref. Range Method

**Erythrocyte Sedimentation Rate (ESR)** 9 10 or less Westergren method

Comments: ESR is an acute phase reactant which indicates presence and intensity of an inflammatory process. It is never diagnostic of a specific disease. It is used to monitor the course or response to treatment of certain diseases. Extremely high levels are found in cases of malignancy, hematologic diseases, collagen disorders and renal diseases.









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# REPORT

Name: Mr. KARTHIK CHANDRASample ID: A0643631, A0643633Age/Gender: 44 Years/MaleReg. No: 0312406300006Referred by: Dr. SELFSPP Code: SPL-CV-172

Referring Customer : V CARE MEDICAL DIAGNOSTICS Collected On : 30-Jun-2024 08:04 AM Primary Sample : Whole Blood Received On : 30-Jun-2024 03:38 PM

Sample Tested In : Plasma-NaF(F), Plasma-NaF(PP) Reported On : 30-Jun-2024 06:09 PM

Client Address : Kimtee colony , Gokul Nagar, Tarnaka Report Status : Final Report

# **CLINICAL BIOCHEMISTRY**

# **GLUCOSE POST PRANDIAL (PP)**

Test Name Results Units Ref. Range Method

Glucose Fasting (F) 86 mg/dL 70-100 Hexokinase

Interpretation of Plasma Glucose based on ADA guidelines 2018

Diagnosis	FastingPlasma Glucose(mg/dL)	2hrsPlasma Glucose(mg/dL)	HbA1c(%)	RBS(mg/dL)
Prediabetes	100-125	140-199	5.7-6.4	NA
Diabetes	>= 126	>= 200	> = 6.5	>=200(with symptoms)

Reference: Diabetes care 2018:41(suppl.1):S13-S27

Glucose Post Prandial (PP) 94 mg/dL 70-140 Hexokinase (HK)

Interpretation of Plasma Glucose based on ADA guidelines 2018

Diagnosis	FastingPlasma Glucose(mg/dL)	2hrsPlasma Glucose(mg/dL)	HbA1c(%)	RBS(mg/dL)
Prediabetes	100-125	140-199	5.7-6.4	NA
Diabetes	> = 126	>= 200	> = 6.5	>=200(with symptoms)

Reference: Diabetes care 2018:41(suppl.1):S13-S27

- Postprandial glucose level is a screening test for Diabetes Mellitus
- If glucose level is >140 mg/dL and <200 mg/dL, then GTT (glucose tolerance test) is advised.
- If level after 2 hours = >200 mg/dL diabetes mellitus is confirmed.
- Advise HbA1c for further evaluation.

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: A0643632

# REPORT

Sample ID

Name : Mr. KARTHIK CHANDRA

Age/Gender : 44 Years/Male Reg. No : 0312406300006

Referred by : Dr. SELF SPP Code : SPL-CV-172

Referring Customer : V CARE MEDICAL DIAGNOSTICS Collected On : 30-Jun-2024 08:04 AM Primary Sample : Whole Blood Received On : 30-Jun-2024 03:38 PM

Sample Tested In : Whole Blood EDTA Reported On : 30-Jun-2024 04:16 PM

Client Address : Kimtee colony , Gokul Nagar, Tarnaka Report Status : Final Report

#### **CLINICAL BIOCHEMISTRY**

# **HEALTH PROFILE A-2 PACKAGE**

HEALTH FROMEE A-2 FACRAGE					
Test Name	Results	Units	Ref. Range	Method	
Glycated Hemoglobin (HbA1c)	5.5	%	Non Diabetic: < 5.7 Pre diabetic: 5.7-6.4 Diabetic: >= 6.5	HPLC	
Mean Plasma Glucose	111.15	mg/dL		Calculated	

Glycated hemoglobins (GHb), also called glycohemoglobins, are substances formed when glucose binds to hemoglobin, and occur in amounts proportional to the concentration of serum glucose. Since red blood cells survive an average of 120 days, the measurement of GHb provides an index of a person's average blood glucose concentration (glycemia) during the preceding 2-3 months. Normally, only 4% to 6% of hemoglobin is bound to glucose, while elevated glycohemoglobin levels are seen in diabetes and other hyperglycemic states Mean Plasma Glucose(MPG): This Is Mathematical Calculations Where Glycated Hb Can Be Correlated With Daily Mean Plasma Glucose Level

NOTE: The above Given Risk Level Interpretation is not age specific and is an information resource only and is not to be used or relied on for any diagnostic or treatment purposes and should not be used as a substitute for professional diagnosis and treatment. Kindly Correlate clinically.

#### INTERPRETATION

Method: Analyzer Fully automated HPLC platform.

Average Blood Glucose(eAG) (mg/dL)	Level of Control	Hemoglobin A1c (%)
421		14%
386	_ A _	13%
350	L	12%
314	E	11%
279	R	10%
243	Т	9%
208		8%
172	POOR	7%
136	GOOD	6%
101	EXCELLENT	5%

HbA1c values of 5.0- 6.5 percent indicate good control or an increased risk for developing diabetes mellitus. HbA1c values greater than 6.5 percent are diagnostic of diabetes mellitus. Diagnosis should be confirmed by repeating the HbA1c test.

NOTE: Hb F higher than 10 percent of total Hb may yield falsely low results. Conditions that shorten red cell survival, such as the presence of unstable hemoglobins like Hb SS, Hb CC, and Hb SC, or other causes of hemolytic anemia may yield falsely low results. Iron deficiency anemia may yield falsely high results.

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# REPORT

Name : Mr. KARTHIK CHANDRA

Age/Gender : 44 Years/Male Referred by : Dr. SELF

Referred by . Dr. SELF

Referring Customer : V CARE MEDICAL DIAGNOSTICS

Primary Sample : Whole Blood Sample Tested In : Serum

Client Address : Kimtee colony ,Gokul Nagar,Tarnaka

Sample ID : A0643634

Reg. No : 0312406300006

SPP Code : SPL-CV-172

Collected On : 30-Jun-2024 08:04 AM

Received On : 30-Jun-2024 03:38 PM

Reported On : 30-Jun-2024 05:40 PM

Report Status : Final Report

### **CLINICAL BIOCHEMISTRY**

### **HEALTH PROFILE A-2 PACKAGE**

Test Name	Results	Units	Ref. Range	Method
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Calcium 8.8 mg/dL 8.5-10.1 Arsenazo

#### Comments:

- Calcium in the body is found mainly in the bones (approximately 99%). In serum, Calcium exists in a
  free ionised form and in bound form (with Albumin). Hence, a decrease in Albumin causes lower
  Calcium levels and vice-versa.
- Calcium levels in serum depend on the Parathyroid Hormone.
- Increased Calcium levels are found in Bone tumors, Hyperparathyroidism. decreased levels are found in Hypoparathyroidism, renal failure, Rickets.

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# **CLINICAL BIOCHEMISTRY**

### **HEALTH PROFILE A-2 PACKAGE**

Test Name	Results	Units	Ref. Range	Method
Lipid Profile				
Cholesterol Total	139	mg/dL	< 200	CHOD-POD
Triglycerides-TGL	128	mg/dL	< 150	GPO-POD
Cholesterol-HDL	42	mg/dL	40-60	Direct
Cholesterol-LDL	71.4	mg/dL	< 100	Calculated
Cholesterol- VLDL	25.6	mg/dL	7-35	Calculated
Non HDL Cholesterol	97	mg/dL	< 130	Calculated
Cholesterol Total /HDL Ratio	3.31	%	0-4.0	Calculated
HDL / LDL Ratio	0.59			
LDL/HDL Ratio	1.7	%	0-3.5	Calculated

The National Cholesterol Education program's third Adult Treatment Panel (ATPIII) has issued its recommendations on evaluating and treating lipid discorders for primary and secondary.

NCEP Recommendations	Cholesterol Total in (mg/dL)	Triglycerides in (mg/dL)	HDL Cholesterol (mg/dL)	II DI Cholesterol	Non HDL Cholesterol in (mg/dL)
Untimal	Adult: < 200 Children: < 170	< 150	40-59	Adult:<100 Children: <110	<130
Above Optimal				100-129	130 - 159
Borderline High	Adult: 200-239 Children:171-199	150-199		Adult: 130-159 Children: 111-129	160 - 189
High	Adult:>or=240 Children:>or=200	200-499	≥ 60	Adult:160-189 Children:>or=130	190 - 219
Very High		>or=500		Adult: >or=190	>=220

Note: LDL cholesterol cannot be calculated if triglyceride is >400 mg/dL (Friedewald's formula). Calculated values not provided for LDL and VLDL

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Sample Tested In : Serum Reported On : 30-Jun-2024 05:40 PM

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# **CLINICAL BIOCHEMISTRY**

# **HEALTH PROFILE A-2 PACKAGE**

Test Name	Results	Units	Ref. Range	Method
Kidney Profile-KFT				
Creatinine -Serum	1.22	mg/dL	0.70-1.30	Sarcosine oxidase
Urea-Serum	18.7	mg/dL	12.8-42.8	Glutamate dehydrogenase+Calculation
Blood Urea Nitrogen (BUN)	8.74	mg/dL	7.0-18.0	Calculated
BUN / Creatinine Ratio	7.16		6 - 22	
Uric Acid	5.6	mg/dL	3.5-7.2	Uricase
Sodium	144	mmol/L	136-145	ISE Direct
Potassium	4.0	mmol/L	3.5-5.1	ISE Direct
Chloride	102	mmol/L	98-108	ISE Direct

#### Interpretation:

• The kidneys, located in the retroperitoneal space in the abdomen, are vital for patient health. They process several hundred liters of fluid a day and remove around two liters of waste products from the bloodstream. The volume of fluid that passes though the kidneys each minute is closely linked to cardiac output. The kidneys maintain the body's balance of water and concentration of minerals such as sodium, potassium, and phosphorus in blood and remove waste by-products from the blood after digestion, muscle activity and exposure to chemicals or medications. They also produce renin which helps regulate blood pressure, produce erythropoietin which stimulates red blood cell production, and produce an active form of vitamin D, needed for bone health.

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Referring Customer : V CARE MEDICAL DIAGNOSTICS Collected On : 30-Jun-2024 08:04 AM Primary Sample : Whole Blood : 30-Jun-2024 03:38 PM Received On Sample Tested In : Serum Reported On 30-Jun-2024 05:40 PM

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# **CLINICAL BIOCHEMISTRY HEALTH PROFILE A-2 PACKAGE**

#### **Test Name** Results Units Ref. Range Method **Liver Function Test (LFT)** Bilirubin(Total) 0.4 mg/dL 0.3-1.2 Diazo Bilirubin (Direct) 0.1 mg/dL 0.0 - 0.2Diazo Bilirubin (Indirect) mg/dL 0.2-1.0 Calculated 0.3 Aspartate Aminotransferase (AST/SGOT) U/L 5-40 IFCC with out (P-5-P) 43 Alanine Aminotransferase (ALT/SGPT) IFCC with out (P-5-P) 36 U/L 0-55

U/L

30-120

**IFCC** Gamma Glutamyl Transpeptidase (GGTP) 36 U/L 15-85 Protein - Total 6.5 g/dL 6.4 - 8.2**Biuret** Albumin 3.4-5.0 Bromocresol Green (BCG) 4.0 q/dL Globulin 2.5 g/dL 2.0 - 4.2Calculated Calculated A:G Ratio 1.6 0.8 - 2.0% SGOT/SGPT Ratio 1.19

62

Kinetic PNPP-AMP

Alanine Aminotransferase(ALT) is an enzyme found in liver and kidneys cells. ALT helps create energy for liver cells. Damaged liver cells release ALT into the bloodstream, which can elevate ALT levels in the blood.

Aspartate Aminotransferase (AST) is an enzyme in the liver and muscles that helps metabolizes amino acids. Similarly to ALT, elevated AST levels may be a sign of liver damage or liver

Alkaline phosphate (ALP) is an enzyme present in the blood. ALP contributes to numerous vital bodily functions, such as supplying nutrients to the liver, promoting bone growth, and

Gamma-glutamyl Transpeptidase (GGTP) is an enzyme that occurs primarily in the liver, but it is also present in the kidneys, pancreas, gallbladder, and spleen. Higher than normal concentrations of GGTP in the blood may indicate alcohol-related liver damage. Elevated GGTP levels can also increase the risk of developing certain types of cancer.

Bilirubin is a waste product that forms when the liver breaks down red blood cells. Bilirubin exits the body as bile in stool. High levels of bilirubin can cause jaundice - a condition in which the skin and whites of the eves turn vellow- and may indicate liver damage.

Albumin is a protein that the liver produces. The liver releases albumin into the bloodstream, where it helps fight infections and transport vitamins, hormones, and enzymes throughout the body. Liver damage can cause abnormally low albumin levels.

Result rechecked and verified for abnormal cases

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Alkaline Phosphatase(ALP)









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# REPORT

: Mr. KARTHIK CHANDRA Name Sample ID : A0643634

Age/Gender : 44 Years/Male Reg. No : 0312406300006

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### **CLINICAL BIOCHEMISTRY**

### **HEALTH PROFILE A-2 PACKAGE** Unite

Ref Range

rest name	Results	Office	itel. italige	Metriod	
Thyroid Profile-I(TFT)					
T3 (Triiodothyronine)	115.62	ng/dL	70-204	CLIA	
T4 (Thyroxine)	6.8	μg/dL	3.2-12.6	CLIA	
TSH -Thyroid Stimulating Hormone	2.68	μIU/mL	0.35-5.5	CLIA	

#### Pregnancy & Cord Blood

Toet Name

T3 (Triiodothyronine	e):	T4 (Thyroxine)	TSH (Thyroid Stimulating Hormone)
First Trimester	: 81-190 ng/dL	15 to 40 weeks:9.1-14.0 μg/dL	First Trimester : 0.24-2.99 µIU/mL
Second&Third Trimes	ster :100-260 ng/dL		Second Trimester: 0.46-2.95 µIU/mL
			Third Trimester : 0.43-2.78 µIU/mL
Cord Blood: 30-70 ng	/dL	Cord Blood: 7.4-13.0 µg/dL	Cord Blood: : 2.3-13.2 µIU/mL

#### **Interpretation:**

- Thyroid gland is a butterfly-shaped endocrine gland that is normally located in the lower front of the neck. The thyroid's job is to make thyroid hormones, which are secreted into the blood and then carried to every tissue in the body. Thyroid hormones help the body use energy, stay warm and keep the brain, heart, muscles, and other organs working as they should.
- Thyroid produces two major hormones: triiodothyronine (T3) and thyroxine (T4). If thyroid gland doesn't produce enough of these hormones, you may experience symptoms such as weight gain, lack of energy, and depression. This condition is called hypothyroidism.
- Thyroid gland produces too many hormones, you may experience weight loss, high levels of anxiety, tremors, and a sense of being on a high. This is called hyperthyroidism.
- TSH interacts with specific cell receptors on the thyroid cell surface and exerts two main actions. The first action is to stimulate cell reproduction and hypertrophy. Secondly, TSH stimulates the thyroid gland to synthesize and secrete T3 and T4.
- The ability to quantitate circulating levels of TSH is important in evaluating thyroid function. It is especially useful in the differential diagnosis of primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.











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Name : Mr. KARTHIK CHANDRA

Age/Gender : 44 Years/Male

Referred by : Dr. SELF

Referring Customer : V CARE MEDICAL DIAGNOSTICS

Primary Sample : Whole Blood

Sample Tested In : Serum

Client Address : Kimtee colony ,Gokul Nagar,Tarnaka

Sample ID : A0643634

Reg. No : 0312406300006

SPP Code : SPL-CV-172

Collected On : 30-Jun-2024 08:04 AM

Received On : 30-Jun-2024 03:38 PM

Reported On : 30-Jun-2024 05:40 PM

Report Status : Final Report

### **CLINICAL BIOCHEMISTRY**

#### **HEALTH PROFILE A-2 PACKAGE**

Test Nan	ne	Results	Units	Ref. Range	Method	
Iron Pro	file-l					
Iron(Fe)		90	μg/dL	65-175	Ferene	
Total Iron	Binding Capacity (TIBC)	421	μg/dL	250-450	Ferene	
Transferrir	า	294.41	mg/dL	215-365	Calculated	
Iron Satura	ation((% Transferrin Saturation)	21.38	%	20-50	Calculated	
Unsaturate	ed Iron Binding Capacity (UIBC)	331	μg/dL	110 - 370	FerroZine	

#### Interpretation:

- Serum transferrin (and TIBC) high, serum iron low, saturation low. Usual causes of depleted iron stores include blood loss, inadequate dietary iron. RBCs in moderately severe iron deficiency are hypochromic and microcytic. Stainable marrow iron is absent. Serum ferritin decrease is the earliest indicator of iron deficiency if inflammation is absent.
- Anemia of chronic disease: Serum transferrin (and TIBC) low to normal, serum iron low, saturation low or normal. Transferrin decreases with many inflammatory diseases. With chronic disease there is a block in movement to and utilization of iron by marrow. This leads to low serum iron and decreased erythropoiesis. Examples include acute and chronic infections, malignancy and renal failure.
- Sideroblastic Anemia: Serum transferrin (and TIBC) normal to low, serum iron normal to high, saturation high.
- Hemolytic Anemia: Serum transferrin (and TIBC) normal to low, serum iron high, saturation high.
- Hemochromatosis: Serum transferrin (and TIBC) slightly low, serum iron high, saturation very high
- Protein depletion: Serum transferrin (and TIBC) may be low, serum iron normal or low (if patient also is iron deficient). This may occur as a result of malnutrition, liver disease, renal disease.
- Liver disease: Serum transferrin variable; with acute viral hepatitis, high along with serum iron and ferritin. With chronic liver disease (eg, cirrhosis), transferrin may be low. Patients who have cirrhosis and portacaval shunting have saturated TIBC/transferrin as well as high ferritin.











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# REPORT

Name : Mr. KARTHIK CHANDRA : A0590014 Sample ID

Age/Gender : 44 Years/Male Reg. No : 0312406300006 Referred by : Dr. SELF SPP Code : SPL-CV-172

Referring Customer : V CARE MEDICAL DIAGNOSTICS Collected On

: 30-Jun-2024 08:04 AM Primary Sample Received On : 30-Jun-2024 03:38 PM

Sample Tested In : Urine Reported On 30-Jun-2024 04:45 PM

Client Address : Kimtee colony ,Gokul Nagar,Tarnaka Report Status Final Report

### **CLINICAL PATHOLOGY**

### **HEALTH PROFILE A-2 PACKAGE**

**Test Name** Results Units Ref. Range Method

# **Complete Urine Analysis (CUE)**

### **Physical Examination**

Colour Pale Yellow Straw to light amber

**Appearance** Clear Clear

### **Chemical Examination**

Glucose Negative Negative Strip Reflectance Protein Absent Strip Reflectance Negative Bilirubin (Bile) Negative Negative Strip Reflectance Urobilinogen Negative Negative Ehrlichs reagent Ketone Bodies Negative Negative Strip Reflectance 1.010 Specific Gravity 1.000 - 1.030 Strip Reflectance Blood Negative Negative Strip Reflectance

6.0 5.0 - 8.5Reaction (pH) Reagent Strip Reflectance **Nitrites** 

Negative Negative Strip Reflectance

Negative Negative Reagent Strip Reflectance Leukocyte esterase

#### Microscopic Examination (Microscopy)

PUS(WBC) Cells 02-04 /hpf 00-05 Microscopy R.B.C. Nil /hpf Nil Microscopic **Epithelial Cells** 01-02 /hpf 00-05 Microscopic Casts Absent Absent Microscopic Absent Crystals Absent Microscopic

Bacteria Nil Nil

Nil Absent **Budding Yeast Cells** Microscopy

Correlate Clinically.

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